Food resources can be found at

https://www.northwestharvest.org/statewide-network

HOUSING:

Spokane County Community Services 509-477-5722

Spokane Valley Partners 509-927-1153

Goodwill Industries of the Inland NW 509-462-0518

Catholic Charities of Spokane 509 455-4963

Coordinated Housing and Homeless Families Assessment of Spokane 509-325-5005

Spokane Housing Authority 509-328-2953

CLOTHING:

Opportunity Christian Fellowship 509-926-2673

YOUTH/EMERGENCY FUNDS

Communities in Schools Spokane County 509-413-1436 (Offering emergency funds for students affected by COVID 19, including monetary support and food items)

PUBLIC SCHOOL DISTRICTS OFFERING MEALS

Check websites or call for details

Spokane <u>www.spokaneschools.org/cvid</u>

Central Valley www.cvsd.org

Mead www.mead354.org

West Valley www.wvsd.org

East Valley www.evsd.org

Freeman www.freemansd.org

Cheney <u>www.cheneysd.org</u>

Riverside www.teamriverside.org

Deer Park www.dpsd.org

Liberty www.libertysd.org

Medical Lake www.mlsd.org

Nine Mile Falls www.9mile.org/page/3076

EDUCATION

Spokane School District www.spokaneschools.org has a collection of resources including

Laptop check out www.spokaneschools.org/LaptopCheckout

Please check specific school districts for their offerings.

SENIORS FOOD AND SHOPPING

Albertson's and Safeway Tuesday and Thursday 7-9 a.m.

Target Wednesday 7 -8 a.m.

Cabela's Monday through Friday 8-9 a.m.

Fred Meyer Monday through Thursday 7-8 a.m.

Costco Tuesday through Thursday 8-9 a.m.

Walmart Tuesday 6-7 a.m.

Yoke's Fresh Market Wednesday 6-9 a.m.

TRANSPORTATION

Spokane Transit Authority 509 328-1552

SUPPORT GROUPS AND RESOURCES

Transitions Spokane (for woman in the Transitions community) 509-455-4249

Abuse Recovery Ministry Services 866-262-9284 <u>www.abuserecovery.org</u>

The YWCA 24 hour hotline 509-326-2255

Frontier Behavioral Health Crisis Response 877-266-1818

Salvation Army of Spokane Pastoral Counseling 509-325-6810